

## Home Survival

July 2021

Are you watching too many Rambo wanna bees telling you how you need to buy their knife to survive? Are they telling you how to eat bugs? “The sky is falling, the sky is falling!” shouted Chicken Little. What does home survival really look like?

Pandemics, zombies, floods, forest fires, riots, hurricanes, and tornados. One day everything is normal and the next day SHTF (shit hits the fan). Our safe world doesn't work. We think it can't happen to us and then we see it on TV. Or it comes to us.



What are you going to do? Be a victim? Start studying survival? Too late. Get out your gun? The gun will probably make things worse. Be scared and not know what to do?



Or do you have a plan? Are you ready for anything. If you plan ahead it will change the outcome of a disaster totally. What might be terrifying can change to an inconvenience. If you are mentally prepared it might even be a game. You can watch the madness and sit back and enjoy life. Or be a victim.

Zombies! No, not Hollywood Zombies. Hollywood Zombies are good for entertainment. What about real zombies?

They're not the living dead. They're the living totally out of control, batshit crazy. They will be on the news when the next riot happens.

They may look just like everyone else. Watch the news. Riots, insurrections, hurricanes, floods, tornadoes. And people going crazy. People in an insurrection are worse than the movie zombies. They are dangerous for real.

It doesn't matter what your politics are a rioting crowd can kill you and destroy everything. Even being on the right side can be the wrong side. There is nothing sane about a panicking rioting crowd. Don't be there.





Make a plan. With any violence or natural disaster plan A is DON'T BE THERE! It does not matter what it is, rape, robbery, murder, a riot, an insurrection, a flood, a hurricane, or anything else. Be intentional and proactive about not being there. Sometimes that doesn't work. Plan B is to leave. Run. Don't look back. Don't go back for stuff. Leave. Take your people with you if you can. Plan C is escape. Do something, anything, to distract an attacking person and run away. To know how to deal with dangerous people take a self defense course. It is

more about knowledge and mental attitude than knowing how to fight. You think a gun is going to keep you safe? A criminal could take it away from you and use it on you. If you shoot someone you will be in real trouble. Police are trained and sometimes get it wrong. If you have a gun then be fully trained in how to use it. That is not just taking a few practice shots at a target. Have a professional train you. It takes a lot of time and practice to know how to effectually protect yourself with a gun. There are Youtube channels with info on how hard it is to defend yourself with a gun and the better alternatives. Do whatever it takes to get away from the natural disaster. You can replace stuff.

Have a safe place to go. Make a plan of where to go for natural disasters Make a plan of where to go if you are attacked while doing your normal activities. That is always changing. If there is a riot or pandemic go home if you safely can, lock the door, and don't open the door for anybody until it is safe.



Where will you go if you can't go home? Make a plan for that. You need a safe place to go to and a plan ahead of time for that. Hopefully if you are prepared you won't have to use a disaster plan.

Have a bugout bag in a place you can get it, like your car. That will supply you for 3 days. That is enough time to get to a safe place.

When you are home or in the safe place, now what?



Have supplies ready. First is water. The city water supply may not be working in a disaster. A person needs 2 liters of safe water a day, so have gallons of water ready at home. Have extra water in your car. Have a plan of how to collect water and make it safe. Practice every part of the plan. To make water safe boil it, or add water purification pills (chlorine dioxide), or filter it. Filter water bottles can be purchased. If you live in an urban area or an area where water runs off crops

the filter needs an activated charcoal filter to remove chemicals. You can get 3 and 5 gallon bottles for water as well as the little ones. They sell them at grocery stores and outdoor outfitters. Water filters and chlorine dioxide tablets can be purchased at outdoor outfitters.



The next supply is food. Keep enough non perishable food for several weeks. Survival food can be bought for this and is good. It is cheaper to buy grocery store food. Get extra of what you normally use. If you like crackers get extra every time you



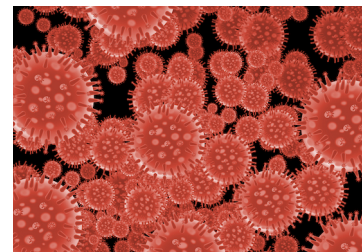
shop. They can be eaten and replaced before they get old. Some good foods to keep are: crackers, trail mix, nuts, dried fruits, canned chicken, noodles, instant rice, beans, lentils, canned food. Have a supply of no cook food and easy to cook food. Every time you go to the grocery store buy a little extra and soon there will be weeks of food. If outside your house is a disaster you may be going stir crazy, but at least there will be something to eat and you won't have to leave the house.

Buy a camping stove and learn how to use it. Practice cooking with it. Buy plenty of extra fuel. If the utilities are not working you can boil water and cook food. Some of them have propane for fuel. The propane bottles do not have the issue of spilling like white gas (Coleman fuel) does. Now you can cook for weeks and have safe water.



Get a complete first aid kit. The Boo Boo Kit sold cheap everywhere has only has a few small bandages and does not have what is needed in a real emergency. Get the home trauma kit or a really big wilderness first aid kit or make your own first aid kit. Take first aid courses. Read first aid books. Practice using the first aid supplies. It could save a trip to the emergency room when SHTF.

Listen to the medical scientists when there is a pandemic. History is full of pandemics. There will probably be more. The scientists who study pandemics are the people with the best answers for what to do.



My name is Bill and I have been doing outdoor trips all my life.

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